TASHLICH - CASTING OFF

ַיָשִׁוּב יְרַחֲמֵٰנוּ יִכְבֻּשׁ אֲוֹנֹתֵינוּ וְתַשְׁלֶיךְ בִּמְצֵלָוֹת יָם כָּל־חַטּאותֶם:

We will be taken back in love, our transgressions forgiven and all our harms hurled into the depths of the sea. - Micah 7:19

הַשְׁלַיכוּ מֵעֲלֵיכֶּם אֶת־כָּל־פִּשְׁעֵיכֶם אֲשֵׁר פְּשַׁעְתֵּם בָּׁם וַעֲשָׂוּ לָכֶם לָב חָדָשׁ וְרַוּחַ חֲדָשְׁה …בָּית יִשְׂרָאֶל:

Cast away all the transgressions by which you have offended, and get yourselves a new heart and a new spirit...O House of Israel. - Ezekiel 18:31

ELI ELI (HALICHAH L'KEISARIAH)

Eli Eli, shelo yigameir l'olam: Hachol v'hayam, rishrush shel hamayim, b'rak hashamayim, t'filat haadam. אַלִי אֵלִי, שֶׁלָּא יִגְּמֵר לְעוֹלָם: הַחוֹל וְהַיָּם, רִשְׁרוּשׁ שֶׁל הַמַּיִם, בְּרַק הַשָּׁמַיִם, תִּפִלַּת הָאָדָם.

O God, my God, I pray that these things never end The sand and the sea, the rush of the waters, The crash of the heavens, the prayer of the heart.

During Tashlich, we are outside, close to nature (the water, the sun) and to God, with the ability to look up and see the heavens. We hold seeds that represent all of our transgressions, and the water takes them away from us. It is not a cure but a reprieve, a chance for us to work on our spiritual healing in the coming year.



Tashlich 1 5782

On this sacred day when the old year slips away we prepare to meet the year ahead, we stand at the water's edge our pockets lined with dust and bread, symbols of our shortcomings and regrets.

Many are the regrets and sorrows that weigh upon our souls, let us cast them off into the moving waters so we may begin anew.

Great is our regret for the harsh words we have spoken, the tender words we left unsaid, for the anger we let smolder, the compassion we withheld, for our greed and jealousy, our lack of generosity. for all that we could have done, all that we have left undone.

Many are the regrets and sorrows that weigh upon our souls, let us cast them into the moving waters so we can strive to become all that we were meant to be.

Great is our remorse for the energy we spent fighting instead of trying to make amends, for the times we could have lent a hand instead of keeping our hands by our sides, for the times we looked away from those near and far who need our help and caring, when we turned away from the places in the world in need of repairing.

Many are the regrets and sorrows that weigh upon our hearts and souls, let us cast them into the moving waters so we can begin to build bridges connecting us one to another.



Readings for Private Reflection

We let loose and let free The little pieces of ourselves That have dishonored us The little pieces of ourselves That have betrayed our neighbors and blighted our common good The little pieces of ourselves That have helped erect and not dismantle injustice in our name In order to more perfectly love You, ourselves and each other

As these symbols of my transgressions are transformed to nourishment, so may my heart and spirit be nourished through the opportunities for goodness that this new year brings.

May my good deeds pour forth like water, like a handful of birdseed. May I do good and seek goodness

USH'AVTEM MAYIM

Ush'avtem mayim b'sason mimaay'nei hay'shuah.

וּשְׁאַבְתֶּם מַיִם בְּשָׂשׂוֹן מִמַעַיְנֵי הַיְשׁוּעָה.

Joyfully shall you draw water from the wells of salvation. (Isaiah 12:3)

Sources:

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