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שחרית לראש השנה

Rosh HaShanah Morning Service



Mah-tovu ohalecha, Yaakov;
mishk'notecha, Yisrael!

Vaani b'rov chasd'cha avo veitecha;
eshtachaveh el-heichal-kodsh'cha
b'yiratecha.

Adonai, ahavti m'on beitecha;
umkom mishkan k'vodecha.

Vaani eshtachaveh v'echraah;

Vaani eshtachaveh v'echraah; evr'chah lifnei-Adonai osi. Vaani t'filati-l'cha, Adonai, eit ratzon. Elohim, b'rov-chasdecha, aneini be-emet yishecha. מַה־טְבוּ אֹהָלֶיךּ, יַצֵקֹב, מְשְּבְּבֹתֶיךָ, יִשְרָאֵל וַאֲנִי בְּרֹב חַסְדְּךָ אָבוֹא בֵיתֶךּ, אֶשְתַחֲנֶה אֶל־הֵיכַל־קָדְשְׁךְּ יָיָ, אָהַבְתִּי מְעוֹן בֵּיתֶךְ, וֹמְלִוֹם מִשְׁכַּן בְּבוֹדֶךְ. וַאֲנִי אֶשְׁתַחֵנֶה וְאֶכְרֲעָה, אַבְרָכָה לִפְנֵי־יְיָ עִשִׁי. וַאֲנִי תְפִלָּתִי־לְךְּ, יְיָ, עַת רָצוֹן. אֱלֹהִים בְּרֶב־חַסְדֶּךְ, עֵנֵנִי בָּאֲמֶת יִשְׁעֵךְ.

How beautiful are your tents, Yaakov, your dwelling places, Yisrael!
In Your great love, let me enter Your house, to pray — awestruck — in Your holy place.
Your kindness has led me to Your house; here I will honor You.
I pray to You, God, that this may be a good time for our meeting.
Out of Your great love, let me perceive Your truth, and find Your help.

HOW BEAUTIFUL מָה־ּמְבוּ. This verse, traditionally recited upon entering the sanctuary, comes from Balaam's prophecy in Numbers 24:5. What drew Balaam's praise, says the Talmud (Bava Batra 60a), was the design of Israelite communities, in which the doorways of their dwelling places did not directly face one another, allowing for individual privacy. So too, our worship during the Days of Awe offers opportunities for both communal solidarity and private moments of spiritual connection.

IN YOUR GREAT LOVE חַסְדָּךְ, Psalm 5:8.

YOUR KINDNESS יי, אהבתי, Psalm 26:8.

HERE I WILL HONOR וְאֵבִי אֶשְׁתַחְוָה Based on Psalm 95:6, in which the verbs appear in first-person plural. In adding this verse to the liturgy, the Sages changed them to singular, accenting the note of personal spirituality.

I PRAY TO YOU וַאָנִי תִפָּלָתִי־לָךְ, Psalm 69:14.

WE PRAISE YOU, Adonai our God, ruler of all time and space . . .

We call You pokei-ach ivrim, the Opener of blind eyes. Help us to see Your world in a new light.

We call You malbish arumim, the Dresser of those without clothing. Help us to put on the garments of health and life.

We call You matir asurim, the Freer of captives.

Help us to break free of the bonds that keep us locked within ourselves.

We call You zokeif k'fufim, the Straightener of bent backs. Help us to find the power to stand upright and proud.

We call You hameichin mitzadei gaver, the Steadiness in our steps. Help us to understand our journey ever more clearly.

We call You hanotein laya-eif ko-ach, the Source of strength for the weary. Help us to be strong, and to be a source of strength for those we love.

BLESSED ARE THE WORKS of your hands, O Holy One:

Blessed are hands that have touched life.

Blessed are hands that have nurtured a child.

Blessed are hands that have embraced with love and friendship.

Blessed are hands that have planted new seeds.

Blessed are hands that have harvested ripe fields.

Blessed are hands that have cleaned, washed, mopped, and scrubbed.

Blessed are hands that have held pain.

Blessed are hands that have become knotty with age.

Blessed are hands that are wrinkled and scarred from doing justice.

Blessed are hands that hold the promise of the future.

Blessed are the works of your hands, O Holy One.

BELOVED FRIEND

who calls us to conscience, reminds us of our own strength, invites us to grow, empowers us to act.
Cosmic mysteries are Yours, but the earth is ours to tend and heal as best we can. Beloved Partner in creation, we join our strength with Yours to make You real and true.

שְׁמֵע וּבִרְכוֹתֶיהָ Sh'ma Uvirchoteha · Sh'ma and Its Blessings

Bar'chu et Adonai hamvorach.

בָּרְכוּ אֶת יְיָ הַמְבֹרָךְ. בַּרוּךְ יִיָ הַמִבֹרָךְ לִעוֹלָם וַעֵּד.

Baruch Adonai hamvorach l'olam va-ed.

Bless the Eternal, the Blessed One.

Blessed is the Eternal, the Blessed One, now and forever.

HELLO, sun in my face.

Hello, you who make the morning and spread it over the fields and into the faces of the tulips and the nodding morning glories, and into the windows of, even, the miserable and the crotchety—

best preacher that ever was,
dear star, that just happens
to be where you are in the universe
to keep us from ever-darkness,
to ease us with warm touching,
to hold us in the great hands of light—
good morning, good morning, good morning.

Watch, now, how I start the day in happiness, in kindness.

בָּרוּךְ אַתָּה, יְיָ, יוֹצֵר הַמְּאוֹרוֹת.

Baruch atah, Adonai, yotzeir ham'orot.
Our praise to You, Adonai, Creator of the cosmic lights.

I AM THE BLOSSOM pressed in a book, found again after two hundred years . . .

I am the maker, the lover, and the keeper . . .

When the young girl who starves sits down to a table she will sit beside me...

I am food on the prisoner's plate . . .

I am water rushing to the wellhead, filling the pitcher until it spills . . .

I am the patient gardener of the dry and weedy garden . . .

I am the stone step, the latch, and the working hinge . . .

I am the heart contracted by joy . . . the longest hair, white before the rest . . .

I am there in the basket of fruit presented to the widow . . .

I am the musk rose opening unattended, the fern on the boggy summit . . .

I am the one whose love overcomes you, already with you when you think to call my name . . .

ALL LIFE springs from a single fountainhead. Listen, Israel! Know the Oneness at the heart of multiplicity. With love and reverence, bear witness to M'kor HaChayim.

I AM THE BLOSSOM. By Jane Kenyon (1947–1995).
M'KOR HACHAYIM. "Fountain of Life" or "Wellspring of Life."

שמע ישראל יהוה אלהינו יהוה אחד

Sh'ma, Yisrael: Adonai Eloheinu, Adonai echad!

Listen, Israel: Adonai is our God, Adonai is One!

Baruch shem k'vod malchuto l'olam va-ed. Blessed is God's glorious majesty forever and ever.



BLESSED IS GOD'S GLORIOUS MAJESTY DUTT. Baruch shem (unlike Sh'ma Yisrael) is not from the Torah; hence these words are said by some in a whisper, to distinguish them from the Sh'ma and to offer a private meditative moment. They are drawn from Psalm 72:19 — Baruch shem k'vodo l'olam (Blessed be God's glorious name forever). The word malchuto (God's majesty; literally "kingdom") was added during Roman times, in defiance of those who proclaimed the divinity of the emperor. Many people close or cover their eyes while saying the Sh'ma — not to escape from reality, but to focus on the ultimate reality: the unity of all existence.

ואַהבַתּ אַת יִי אַלֹהֵידְּ V'ahavta et Adonai Elohecha — בכל־לבבד b'chol-l'vav'cha. ובכל־נפשד uvchol-nafsh'cha, ובכל־מאדד: uvchol-m'odecha. וָהַיוֹ הַדְּבָרֵים הַאֶּלֶה V'hayu had'varim ha-eileh אַשֶּׁר אַנכֵי מִצְוַדְּ הַיִּוֹם asher anochi m'tzav'cha hayom al l'vavecha. ושִׁנַּנִתַּם לְבָבֶּיךּ וְדִבַּרְתֶּ בֶּם V'shinantam l'vanecha v'dibarta bam בשבתד בביתד b'shivt'cha b'veitecha. וּבָלֵבָתִּךְּ בַּדֵּׁרֵדְּ uvlechť cha vaderech. ובשכבד ובקומד: uvshochb'cha, uvkumecha. וּקשַרתַם לְאוֹת עַל־יַדֵּדְ Ukshartam l'ot al-yadecha; והיו לטטפת בין עיביך: v'hayu l'totafot bein einecha; וּכְתַבְתַּם עַל־מִזְזוֹת בֵּיתַדְּ uchtavtam al-m'zuzot beitecha ובשעריד: uvisharecha.

You shall love Adonai your God with all your mind, with all your soul, and with all your strength.

Set these words, which I command you this day, upon your heart.

Teach them faithfully to your children.

Speak of them in your home and on your way, when you lie down and when you rise up.

Bind them as a sign upon your hand; let them be a symbol before your eyes; inscribe them on the doorposts of your house, and on your gates.

v'AHAVTA וְאָהַבְתְ, Deuteronomy 6:5–9.

YOUR SOUL קְּמָשְׁךְ. In the Bible, the word *nefesh* refers to the life force, the vital energy possessed by all living beings. In later Hebrew, *nefesh* comes to refer to the unique, intangible and imperishable essence of a person. Jewish tradition (Mishnah B'rachot 9:5) interpreted the mitzvah of loving God with all one's *nefesh* to mean: "love God even when God takes your life." We might also understand this mitzvah as a call to devote one's best energies to God's work. The High Holy Days are especially focused on *cheshbon hanefesh* — a spiritual inventory or assessment. We scrutinize our deeds to ask if our *nefesh* has lived up to its potential.

LOVE GOD with your mind: stay curious, open to questions; marvel at the wonder of what is.

Love God with your heart: stay alive to suffering and joy; yearn for the world that could be.

Love God with your strength: open your hands and give; work for the sake of what ought to be.

THEY WENT FORTH from Egypt on a single night but next time the miracle will be different.

Once two Sages were walking very early in the valley and they saw the light of the morning star.

Said one to the other,

"This is how the redemption will be.

The dawn breaks with a single ray of light and bit by bit the sky is illumined, until morning comes and the darkness is gone.

So the redemption will occur little by little, growing steadily and gradually until the world is full of light."

Do not wait for a miracle or the sudden transformation of the world. Bring the day closer, step by step, with every act of courage, of kindness, of healing and repair.

Do not be discouraged by the darkness. Lift up every spark you can and watch the horizon for the coming of dawn. Look closely!

It has already begun.

"Mi-chamocha ba-eilim, Adonai?
Mi kamocha — nedar bakodesh,
nora t'hilot, oseih-fele?"
Shirah chadashah shib'chu g'ulim
I'shimcha al s'fat hayam.
Yachad kulam hodu v'himlichu, v'am'ru:
"Adonai yimloch l'olam va-ed."

Tzur Yisrael, kumah b'ezrat Yisrael. Ufdeih chinumecha Y'hudah v'Yisrael. Go∙aleinu, Adonai Tz'vaot sh'mo,

k'dosh Yisrael.

מִי־כָמְכָה בָּאֵלִם, יְיָ, מִי כָּמְכָה נָאְדָּר בַּקְדָש, בּוֹרָא תְהִלֹת, עְשֵׁה פֶּלֶא. שִּירָה חֲדָשָׁה שִבְּחוּ גְאוּלִים לְשִׁמְךְּ עַל שְפַת הַיָּם, יָחַד כָּלֶם הוֹדוּ וְהִמְלִיכוּ, וְאָמְרוּ: יְיָ יִמְלֹךְ לְעֹלָם וָעָד.

צוּר יִשְּרָאֵל, קוּמָה בְּעֶזְרַת יִשְׁרָאֵל. וּפְדֵה כִנְאָמֶךּ יְהוּדָה וְיִשְׁרָאֵל. גֹּאֲלֵנוּ, יָיָ צְבָאוֹת שְׁמוֹ, קְדוֹש יִשְׁרָאֵל.

"Of all that is worshiped, is there another like You? Maker of wonders, who is like You in holiness sublime, evoking awe and praise?"

At the sea — with a new song on their lips — the redeemed praised Your name.

Overflowing with gratitude, they proclaimed Your sovereignty and spoke as one, declaring:

"The Eternal will reign till the end of time."

Rock of Israel, arise and come to the help of Your people Israel. Keep Your word by redeeming Judah and Israel. The Eternal and Infinite One is our redeemer, our source of holiness.

בָּרוּךְ אַתָּה, יָיָ, בָּאַל יִשְרָאֵל.

Baruch atah, Adonai, gaal Yisrael.

Blessed are You in our lives, Eternal One, who redeemed Israel.

WHO REDEEMED ISRAEL בְּאַל יִשְרָאֵל. In the Bible, g'ulah (redemption) is connected with the concept of responsibility for one's family or clan. A go-eil (redeemer) rescues a relative from slavery or captivity, or helps a kinsman who has fallen into poverty. In this prayer, the term is applied to God's intervention on behalf of the Israelite slaves — a past redemption that inspires us to work for a world without poverty or suffering.

AN INCOMPARABLE TREASURE of moral strength lies in the idea of redemption, the belief in the Messianic future. It gives us faith in moral progress, and in the ultimate unity of all humankind. (Rabbi Elie Munk, 1900–1981)

הַתְּפָלָה HaT'filah · Standing before God

Prayer is a step on which we rise from the self we are, to the self we wish to be. Prayer affirms the hope that no reality can crush, the aspiration that can never acknowledge defeat.

- RABBI MORRIS ADLER

Make every effort to pray from the heart. Even if you do not succeed, the effort is precious in the eyes of the Eternal One.

-RABBI NACHMAN OF BRESLOV

Adonai, s'fatai tiftach, ufi yagid t'hilatecha. אֲדֹנָי, שְּפָתַי תִּפְתָּח, וּפִי יַגִּיד תִּהַלֶּתֵדְ.

Adonai, open my lips, that my mouth may declare Your praise. pure and clear, full of freshness and power, it descends from the highest peaks, flowing down to water the floor of the valley.

So it is with the souls of those who came before us.

The beauty of their lives still flows down to their descendants;

renewing our will, restoring our faith;

IMAGINE a beautiful mountain spring:

giving us the power to act as they did;

inspiring us to reach higher,

to grow in strength, in courage, in generosity.

And so we are taught:

"Each of us is obligated to say:

When will my deeds reach the level of the deeds of my ancestors?"

Let us cherish what we've learned from beloved family, friends, and teachers.

Their memory comes to us as an inheritance,

an ever-flowing stream of goodness and blessing:

let us drink deep, and remember.

Zochreinu l'chayim,
Melech chafeitz bachayim.
V'chotveinu b'sefer hachayim,
l'maancha, Elohim chayim.

Melech ozeir umoshia umagein -

זֶכְרֵנוּ לְחַיִּים, מֶלֶךְ חָפֵץ בַּחַיִּים. וְכָתִבֵנוּ בִּסֵפֶר הַחַיִּים, לְמַעַנְךְ אֱלֹהִים חַיִּים.

– מֱלֶךְ עוֹזֶר וּמוֹשֵיעַ וּמֶגֶן

Remember us for life, sovereign God who treasures life. Inscribe us in the Book of Life, for Your sake, God of life.

Sovereign of salvation, Pillar of protection —

בַּרוּך אַתַּה, יָיַ, מַגֵּן אַבְרָהַם וְעֵזְרַת שַׂרַה.

Baruch atah, Adonai, magein Avraham v'ezrat Sarah.

Blessed are You in our lives, Adonai, Shield of Abraham, Sustainer of Sarah.

Your life-giving power is forever, Adonai — with us in life and in death. You liberate and save, cause dew to descend; and with mercy abundant, lovingly nurture all life. From life to death, You are the force that flows without end — You support the falling, heal the sick, free the imprisoned and confined; You are faithful, even to those who rest in the dust.

Power-beyond-Power, from whom salvation springs,

Sovereign over life and death — who is like You?

Merciful God, who compares with You?

With tender compassion You remember all creatures for life.

Faithful and true, worthy of our trust —

You sustain our immortal yearnings; in You we place our undying hopes.

Baruch atah, Adonai, m'chayeih hakol/hameitim.

Wellspring of blessing, Power eternal, You are the One who gives and renews all life.

Let us proclaim the power of this day —
a day whose holiness awakens deepest awe
and inspires highest praise for Your dominion,
for Your throne is a throne of love;
Your reign is a reign of truth.

Untaneh-tokef k'dushat hayom —
ki hu nora v'ayom.
Uvo tinasei malchutecha,
v'yikon b'chesed kisecha;
v'teisheiv alav be-emet.

וּנְתַנֶּה תְּלֶּף קְדָשַׁת הַיּוֹם – כִּי הוּא נוֹרָא וְאָים. וֹבוֹ תִנָּשֵא מֵלְכוּתֶךְ, וְיִכּוֹן בְּחֶסֶד כִּסְאֶךְ, וְתִשֵּב עָלָיו בֵּאֵמֶת. On Rosh HaShanah this is written; on the Fast of Yom Kippur this is sealed:

How many will pass away from this world, how many will be born into it; who will live and who will die; who will reach the ripeness of age, who will be taken before their time; who by fire and who by water; who by war and who by beast; who by famine and who by drought; who by earthquake and who by plague; who by strangling and who by stoning; who will rest and who will wander; who will be tranquil and who will be troubled; who will be calm and who tormented; who will live in poverty and who in prosperity; who will be humbled and who exalted —

B'Rosh HaShanah yikateivun; uvYom Tzom Kippur yeichateimun:

kamah yaavorun,
v'chamah yibarei-un;
mi yichyeh, umi yamut;
mi v'kitzo, umi lo v'kitzo;
mi va-eish, umi vamayim;
mi vacherev, umi vachayah;
mi varaav, umi vatzama;
mi varaash, umi vamageifah;
mi vachanikah, umi vas'kilah;
mi yanuach, umi yanua;
mi yashkit, umi y'toraf;
mi yishaleiv, umi yityaseir;
mi yaani, umi yaashir;
mi yushpal, umi yarum —

בְּרֹאשׁ הַשָּׁנָה יִכָּתֵבְוּן, וֹבִיוֹם צוֹם כִּפּוּר יֵחָתֵמְוּן:

בַּמֶּה יַצְבְרוּן, וְכַמֶּה יִבְּרְאוּן מִי יִחְיֶה, וּמִי יָמוּת. מִי בַקצוֹ, וּמִי לֹא בְקצוֹ. מִי בַחֶרֶב, וּמִי בַחַיָּה. מִי בַרְצָש, וּמִי בַמְּבְּפָה. מִי בַחֲנִיקָה, וּמִי בַמְּבְּפָה. מִי יִשְׁלָו, וּמִי יִנְוּצַ מִי יִשְׁלֵו, וּמִי יִנְוּצַ מִי יִשְׁלֵו, וּמִי יִנְשִׁיר. מִי יִשְׁלֵו, וּמִי יִצְשִיר. מִי יִשְׁפֵּל, וּמִי יִנְשִיר. But through return to the right path, through prayer and righteous giving, we can transcend the harshness of the decree.

Utshuvah, utfilah, utzdakah maavirin et roa hag'zeirah. וּתְשוּבָה, וּתְפִּלָּה, וּצְדָקָה מֵצְבִירִין אֶת רְצֵ הַגְּזֵרָה.



Adonai, Adonai — El rachum v'chanun; erech apayim, v'rav-chesed ve-emet; notzeir chesed laalafim; nosei avon vafesha v'chataah; v'nakeih. יָי יִי, אֵל רַחוּם וְחַנּוּן, אֶרֶךְ אַפַּיִם, וְרַב־חֱסֶד וֶאֱמֶת. נֹצֵר חֱסֶד לָאֲלָפִים, נֹשֵא עָוֹן וַפֵּשֵּע וְחַטָּאָה, וְנַקֵּה.

Adonai, Adonai —

God, compassionate, gracious, endlessly patient, loving, and true; showing mercy to the thousandth generation; forgiving evil, defiance, and wrongdoing; granting pardon.



Dwell on each sound of the shofar; contemplate its meaning.

T'kiah —

One whole note

Sh'varim-T'ruah ---

Three broken notes; nine staccato notes

T'kiah —

One whole note

My return to the right path has the power to make me whole again.

T'kiah —

Once I was whole.

Sh'varim-T'ruah —

In the wear and tear of living, I became broken and shattered.

T'kiah —

My t'shuvah has the power to make me whole again.



Baruch atah, Adonai, Eloheinu melech haolam, asher kid'shanu b'mitzvotav, v'tzivanu lishmoa kol shofar.

Baruch atah, Adonai,
Eloheinu melech haolam,
shehecheyanu v'kiy'manu v'higianu
laz'man hazeh.

בָּרוּךְ אַתָּה, יְיָ, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְשֶׁנוּ בְּמִצְוֹתִיו, וִצְוַנוּ לִשְׁמִוֹעַ קוֹל שוֹפַּר.

בָּרוּךּ אַתָּה, יְיָ, אֱלֹהֵינוּ מֶלֶךּ הָעוֹלָם, שֶׁהֶחֶיָנוּ וְקִיְמֵנוּ וְהִגִּיעֵנוּ לַזִּמֵן הַזֵּה.

Source of blessing, Eternal our God, You fill the universe with majestic might summoning us to hear the sound of the shofar.

Source of blessing, Eternal our God, You fill the universe with majestic might giving us life, upholding the life within us, and bringing us to this time.

The shofar is sounded.

תְּקִיעָה שְׁבָּרִים־תְּרוּעָה תְּקִיעָה תְּקִיעָה שְׁבָּרִים תְּקִיעָה תְקִיעָה תְּרוּעָה תְּקִיעָה

T'kiah Sh'varim-T'ruah T'kiah
T'kiah Sh'varim T'kiah
T'kiah T'ruah T'kiah

Today the world is born anew. This day, the whole of creation stands before You to be judged. As we are Your children, love us in the way of mothers and fathers. As we are Yours in service, guide us by the light of Your justice, grace, and holiness.

Let the wishes of our lips — our heart's desire — be pleasing before You, God Most High. You are knowing and attentive, watchful and aware when we call out: *T'kiah!* Lovingly, favorably receive our prayers of *Malchuyot!*

Birkat HaGomeil - Sharing Thankfulness

Individual prays:

Blessed are You, our God Eternal; Your majesty fills the universe through Your generosity I have experienced Your goodness.

Congregation responds

Amen.

May the Source of goodness bring you goodness at all times.

God of Remembrance,

remember the covenant of our ancestors; we reaffirm it today.

Remember, we are a people of noble ideals; help us attain them.

Remember all Your people, all the nations on the road to peace; bless their efforts.

Remember, with mercy, the binding of Isaac; the sorrow of Sarah; Abraham's words: "Here I am."

Our memory fades, but You remember all that we have forgotten. Your Presence is a throne where all things matter and nothing is lost.

בָּרוּךְ אַתָּה, יָיָ, זוֹכֵר הַבְּּרִית.

Baruch atah, Adonai, zocheir hab'rit.

Blessed are You, Adonai -

You remember the covenant. You remember us.

The shofar is sounded.

תְּקִיעָה שְׁבָּרִים־תְּרוּעָה תְּקִיעָה תְּקִיעָה שְׁבָּרִים תְּקִיעָה תִּקִיעָה תִּרוּעָה תִּקִיעָה

T'kiah Sh'varim-T'ruah T'kiah T'kiah Sh'varim T'kiah T'kiah T'ruah T'kiah

MI SHEBEIRACH

מִי שֶׁבֵּרַךְּ אֲבוֹתֵינוּ מִקוֹר הַבִּרָכָה לִאִמּוֹתֵינוּ,

Mi shebeirach avoteinu

M'kor hab'rachah l'imoteinu -

may the Source of strength who blessed the ones before us help us find the courage to make our lives a blessing and let us say, Amen.

> מִי שֶבֵּרַךְּ אִמּוֹתֵינוּ מְקוֹר הַבְּּרֶכָה לַאֲבוֹתֵינוּ,

Mi shebeirach imoteinu

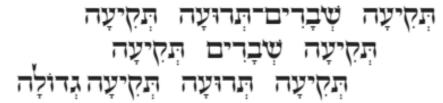
M'kor hab'rachah laavoteinu -

bless those in need of healing with *r'fuah sh'leimah*, the renewal of body, the renewal of spirit, and let us say, Amen.

Baruch atah, Adonai, shomei-a kol t'ruat amo Yisrael b'rachamim. בָּרוּךּ אַתָּה, יְיָ, שוֹמֵעַ קוֹל הְרוּעַת עַמוֹ יִשְרָאֵל בְּרַחֲמִים.

Blessed are You in our lives, Adonai, You hear, with love, the shofar true voice of Your people Israel.

The shofar is sounded.



T'kiah Sh'varim-T'ruah T'kiah T'kiah Sh'varim T'kiah T'kiah T'ruah T'kiah q'dolah

Blessing for Those Celebrating a Joyous Event in Their Lives

May the One who creates joy and fulfillment bless those who rise on this festive day in celebration of a *simchah* in their lives.

May they remain grateful always, aware of their blessings, alive to the wonder that has touched their souls. Let them be messengers of delight, bringing warm smiles and the glow of happiness to all they encounter.

And may the love and good fortune they have known they have known the love and good fortune they have known t

And may the love and good fortune they have known inspire them to share with others.

Our hearts rejoice with our friends today we join with them and their families; and together we say:

Give thanks to the Eternal, for God is good. God's love endures forever. Avinu Malkeinu, sh'ma koleinu.

אַבֶינוּ מַלְכֵּנוּ, שָׁמֵע קוֹלֵנוּ.

Avinu Malkeinu — Almighty and Merciful — hear our voice.

Avinu Malkeinu, chatanu l'fanecha.

אָבֵינוּ מַלְכֵּנוּ, חָטֵאנוּ לְפָנֵיךָ.

Avinu Malkeinu — we have strayed and sinned before You.

Avinu Malkeinu, chamol aleinu

אָבִינוּ מַלְכֵּנוּ, חֲמל עָלֵינוּ

v'al olaleinu v'tapeinu.

ועל עוללבו וטפבו.

Avinu Malkeinu - have compassion on us and our families.

Avinu Malkeinu, kaleih dever v'cherev

אָבִינוּ מַלְכֵּנוּ, כַּלֵּה דֶּבֶר וְחֶרֶב

v'raav mei∙aleinu.

וְרָעָב מֵעָלֵינוּ.

Avinu Malkeinu - halt the onslaught of sickness, violence, and hunger.

Avinu Malkeinu, kaleih kol tzar

אָבִינוּ מַלְכֵּנוּ, כַּלֵּה כָּל צַר

umastin mei-aleinu.

וּבַשִּטִין בֵעֶלֵינוּ.

Avinu Malkeinu — halt the reign of those who cause pain and terror.

Avinu Malkeinu, kotveinu b'sefer

אָבֵינוּ מַלְכֵּנוּ, כָּתִבֵנוּ בִּסֵפֶר

chayim tovim.

חַיִּים טוֹבִים.

Avinu Malkeinu — enter our names in the Book of Lives Well Lived.

Avinu Malkeinu, chadeish aleinu

אָבֵינוּ מַלְכֵּנוּ, חַדֵּשׁ עָלֵינוּ

shanah tovah.

שנה טובה.

Avinu Malkeinu — renew for us a year of goodness.

Avinu Malkeinu, choneinu vaaneinu;

אָבֵינוּ מַלְכֵּנוּ, חָנֵנוּ וַעֲבֵנוּ,

ki ein banu maasim.

בי אין בנו מעשים.

Aseih imanu tz'dakah vachesed,

צַשָּה צִמַּנוּ צְדָקָה וַחֱסֶד,

v'hoshi·einu.

והושיענו.

Avinu Malkeinu — Almighty and Merciful — answer us with grace, for our deeds are wanting. Save us through acts of justice and love.

Aleinu l'shabei-ach laadon hakol,
lateit g'dulah l'yotzeir b'reishit —
shehu asanu l'shomrei haadamah,
v'hu samanu lishlichei haTorah;
shehu sam chayeinu itam,
v'goraleinu im kol haolam.
Vaanachnu korim,
umishtachavim, umodim
lifnei melech malchei ham'lachim:
HaKadosh, baruch hu.

עָלֵינוּ לְשַבֵּח לַאֲדוֹן הַכּל, לָתֵת בְּדָלָּה לְיוֹצֵר בְּרֵאשִׁית, שָהוּא עָשֵנוּ לְשוֹמְרֵי הָאֲדָמָה, וְהוּא שָם חַיֵּינוּ אִתָּם, וְגֹרֶלֵנוּ עִם כָּל הָעוֹלָם. וֹאֲנַחְנוּ כּוֹרְעִים וֹמִשְׁתַחֲוִים וֹמוֹדִים לִפְנֵי מֶלֶךְ מַלְכֵי הַמְּלָכִים, הַקָּדוֹש בַּרוּךְ הוּא.

Our calling is to praise the Living Source. Our duty is to make known the greatness of the One Creator, who trusts us to be guardians of the earth and messengers of Torah; who gives us a destiny shared with all human beings, and who binds our lives to theirs. And so we bend, bow, and give thanks before the Blessed One whose realm is unfathomable, whose sovereignty over all makes all life holy and precious.



Mourner's Kaddish

יתגדל ויתקדש שמה רבא, Yitgadal v'yitkadash sh'meih raba, בָּעַלְמָא דִּי בַרָא כַרעוּתה. b'alma di v'ra chiruteih. וַיַמְלִידְ מַלְכוּתֵה בִּחַיֵּיכוֹן V'yamlich malchuteih b'chayeichon וביומיכון, uvyomeichon, וּבְחַיֵּי דְכַל בֵּית יִשְרָאֵל, uvchayei d'chol beit Yisrael — בַעגַלָא וּבַזמַן קריב. baagala uvizman kariv; ואמרו: אמן. v'imru: Amen. יהא שמה רבא מברד Y'hei sh'meih raba m'varach לעלם ולעלמי עלמיא. l'alam ul·almei almaya. יִתְבַּרֶדְ וְיִשְׁתַבַּח וְיִתְפַּאַר Yitbarach v'yishtabach v'yitpaar וותרומם וותנשא וותהדר v'yitromam v'yitnasei v'yit·hadar וַיִתְעַלֵּה וַיִתְהַלֵּל שָׁמֵה v'yitaleh v'yit-halal sh'meih d'kudsha — b'rich hu — דָקַדָשָא, בַּרִידְ הוּא, לעלא ולעלא מכל ברכתא ושירתא, l'eila ul-eila mikol birchata v'shirata. תשבחתא ונחמתא tushb'chata v'nechemata דאמירן בעלמא. daamiran b'alma: ואמרו: אמן. v'imru: Amen. יָהֶא שָלַמֵא רַבָּא מִן שָׁמֵיָא, Y'hei sh'lama raba min sh'maya, וָחַיִּים עַלֵינוּ וְעַל כַּל יִשְרָאֵל. v'chayim aleinu v'al kol Yisrael; ואמרו: אמן. v'imru: Amen.

Oseh shalom bimromav, hu yaaseh shalom aleinu, v'al kol Yisrael v'al kol yoshvei teiveil; v'imru: Amen. עשה שלום בּמְרוֹמִיוּ הוּא יַצְשֶׁה שָׁלוֹם עָלֵיבוּ וְעַל כָּל יִשְׁרָאֵל וְעַל כָּל יוֹשְׁבֵי תַבַל. וָאַמָרוּ: אַמֵן.

Ein Keiloheinu

Ein keiloheinu, ein k'Adoneinu,
ein k'malkeinu, ein k'moshi-einu.
Mi ch'Eloheinu, mi ch'Adoneinu,
mi ch'malkeinu, mi ch'moshi-einu?
Nodeh l'Eloheinu, nodeh l'Adoneinu,
nodeh l'malkeinu, nodeh l'moshi-einu.
Baruch Eloheinu, baruch Adoneinu,
baruch malkeinu, baruch moshi-einu.
Atah hu Eloheinu, atah hu Adoneinu,
atah hu malkeinu, atah hu moshi-einu.

אֵין כֵּאלֹתֵינוּ, אֵין כַּאדוֹבֵינוּ, אֵין כְּאלֹתֵינוּ, אֵין כְּאדוֹבֵינוּ, אִי כַאלֹתֵינוּ, אִי כַאדוֹבֵינוּ, מִי כְאַלְבֵּנוּ, מִי כְאדוֹבֵינוּ, נוֹדֶה לֵאלֹתֵינוּ, נוֹדֶה לַאדוֹבֵינוּ, נוֹדֶה לְמַלְבֵּנוּ, נוֹדֶה לְמוֹשִׁיעֵנוּ. בַּרוּךְ אֱלֹתֵינוּ, בָּרוּךְ אֲדוֹבֵינוּ, בָּרוּךְ מַלְבֵנוּ, בָּרוּךְ מוֹשִׁיעֵנוּ. אַתָּה הוּא אֱלֹתֵינוּ, אַתָּה הוּא אֲדוֹבֵינוּ, אַתָּה הוּא מִלְבֵנוּ, אַתָּה הוּא מוֹשִּיעֵנוּ.

None compares to our God, none to our Eternal. None compares to our Sovereign One, none to our Redeemer.

Who compares to our God, who to our Eternal? Who compares to our Sovereign One, who to our Redeemer?

Let us give thanks to our God, thanks to our Eternal. Let us give thanks to our Sovereign One, thanks to our Redeemer.

We offer praise to our God; we bless and praise our Eternal. We offer praise to our Sovereign One; we bless and praise our Redeemer.

You are the One we call our God. You are our Eternal. You are Sovereign over all. You are our Redeemer.



L'shanah tovah tikateivu — v'teichateimu!

May you be inscribed — and sealed — for a good year!

T'kiah g'dolah! רְּקִיעָה גְּדוֹלֶה!