

Rosh HaShanah Evening Service



בִּשַׁצֵרִי רֹאשׁ הַשָּׁנָה

B'Shaarei Rosh HaShanah At the Threshold of the New Year

HINEIH MAH TOV

Hineih mah tov umah na·im:

shevet achim/achayot gam yachad.

הִנֵּה מַה־טוֹב וּמַה־נָּעִים שֶבֶת אַחִים/אֲחָיוֹת גַּם־יֵחַד.

How good and how pleasant — Brothers and sisters gathered together!



3. The first mitzvah in the Torah is "Let there be light!"
So we are commanded:
in everything you do, be a menorah, a bringer of light.
Live with honor, act with integrity, do your work with passion —
and the radiance of your deeds will live after you.
May our ideals burn bright, forever unextinguished,
and may we live our lives like the flames we kindle —
always stretching upward, striving for the good, reaching for You.

Baruch atah, Adonai,
Eloheinu melech haolam,
asher kid'shanu b'mitzvotav,
v'tzivanu l'hadlik ner
[shel Shabbat v'] shel yom tov.

בָּרוּךְ אַתָּה, יְיָ, אֱלֹהֵינוּ מֱלֶךְ הָעוֹלָם, אֲשֶׁר קִדְשֵׁנוּ בְּמִצְוֹתָיו, וְצִוָּנוּ לְהַדְלִיק נֵר [שֵל שַבָּת וְ] שֵל יוֹם טוֹב.

Source of blessing, Eternal our God, You fill the universe with majestic might, teaching us holiness through sacred obligations, giving us the mitzvah of bringing light on [Shabbat and] this festival. THIS autumn night the shades of darkness in the sky are signs of earth's turning, the fleeting ways of nature.

And we—
drawn together in this holy house,
filled with New Year's hope and light—
turn our hearts toward You
in prayer,
in worship,
seeking life's essence.

In the presence of Your love we feel the nearness of those who bless our lives even in death. Precious memories of their love restore our strength, renew our faith in life's goodness.

We acknowledge with gratitude the life You have given us, the bounty that sustains us, Your comfort in sickness and sorrow, Your compassion in valleys of despair.

God of years, God of eternity, bless us now and always.
Bless our homes and our families.
Be with us in our dreams and in our hopes.
Be with us through these Days of Awe, as we search our souls within and seek the lasting shelter of Your love.

THIS AUTUMN NIGHT. Inspired by a hymn for the New Year by Rabbi David Einhorn (1809–1879).

שְׁמַע וּבִרְכוֹתֶיהָ

Sh'ma Uvirchoteha · Sh'ma and Its Blessings

Prayer should not be recited as if a person were reading a document. Rabbi Acha said: A new prayer should be said every day.

-JERUSALEM TALMUD, B'RACHOT 4:4

Bar'chu et Adonai hamvorach.

בָּרְכוּ אֶת יְיָ הַמְבֹרָךְ. בַּרוּךְ יִיָ הַמִבֹרָךְ לְעוֹלֶם וַעֵד.

Baruch Adonai hamvorach l'olam va-ed.

Bless the Eternal, the Blessed One. Blessed is the Eternal, the Blessed One, now and forever.

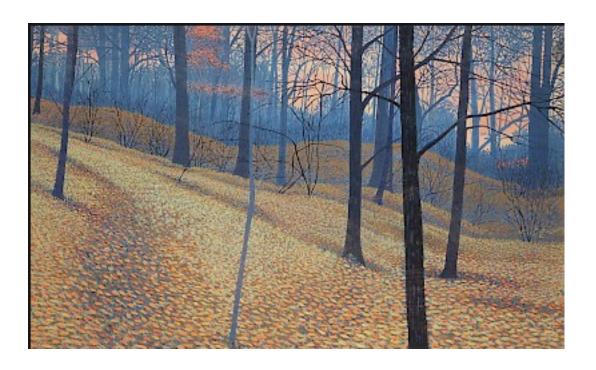
BLESS THE ETERNAL בְּרַבּי Says the Zohar: "All sacred acts require summoning" (3:186b). As Birkat HaMazon (the Grace after meals) begins when the leader invites those present to join in the prayer — by saying Chaveirim vachaveirot, n'vareich (Friends, let us praise God) — so the Jewish worship service formally begins when the leader summons the congregation to praise God: Bar'chu et Adonai hamvorach! The congregation responds in unison: Baruch Adonai hamvorach l'olam va-ed!

NOW AND FOREVER אַרְילֵין וְילֵין Why does the congregation add the words l'olam va-ed (now and forever)? According to Rabbi Judah Loew of Prague (1525–1609), the congregation's task is to reach for a higher level of praise than that expressed by the prayer leader. This principle of stretching to reach a higher level is a fitting introduction for our High Holy Day work of character improvement.

THE QUICKENING of the moon calls us to return and we gather, seam-dwellers on the edge of the earth. As the sun lowers itself into the sea introspection rises.

A sliver cracks the heart of the firmament, the vast blackness an invitation to write ourselves anew.

בָּרוּךְ אַתָּה, יְיָ, הַמֵּעֲרִיב עֲרָבִים. Baruch atah, Adonai, hamaariv aravim. Blessed are You, Adonai, Creator of twilight and dusk.



Ahavat olam beit Yisrael am'cha ahavta;
Torah umitzvot, chukim umishpatim
otanu limadta.

Al kein, Adonai Eloheinu, b'shochbeinu
uvkumeinu nasiach b'chukecha;
v'nismach b'divrei Toratecha
uvmitzvotecha l'olam va·ed.

Ki heim chayeinu v'orech yameinu;
uvahem negeh yomam valailah.
V'ahavat'cha al tasir mimenu l'olamim.

אַהְבַת עוֹלָם בִּית יִשְרָאֵל צַמְּךְ אָהֵבְתָּ, תוֹרָה וּמִצְוֹת, חֻקִּים וּמִשְּפָּטִים אוֹתֲנוּ לִמִּדְתָּ. יִּבְלְבֵּן, יְיָ אֱלֹהִינוּ, בְּשֶׁכְבֵּנוּ וּבְקוּמֵנוּ נָשִיחַ בְּחֻקֶּיך, וְנִשְׁמַח בְּדִבְרִי תוֹרָתֶך וּבְמִצְוֹתֶיךְ לְעוֹלָם וָצֶד. כִּי הֵם חַיֵּינוּ וְאְרֶךְ יָמֵינוּ, וּבָהֶם נָהְנֶּה יוֹמָם וָלֵיְלָה. וְאַהֲבָתְךְ אַל תָּסִיר מִמֶּנוּ לְעוֹלָמִים. וְאַהֲבָתְךְ אַל תָּסִיר מִמֶּנוּ לְעוֹלָמִים.

Love beyond all space and time —
Your love enfolds Your people, Yisrael.
We receive it in Your teaching:
Your gift of Torah, sacred obligations, discipline, and law.
So let us speak these teachings when we lie down and rise up and find joy forever in Your Torah and mitzvot.
They are the very essence of our life —
ours to ponder and study all our days.
May we never lose or be unworthy of Your love . . .

בֶּרוּךְ אַתָּה, יָיָ, אוֹהֵב עַמוֹ יִשְרָאֵל.

Baruch atah, Adonai, oheiv amo Yisrael.

... for You are blessed: the One who loves Your people, Yisrael.

שמע ישראל יהוה אלהינו יהוה אחד

Sh'ma, Yisrael: Adonai Eloheinu, Adonai echad! Listen, Israel: Adonai is our God, Adonai is One!

Baruch shem k'vod malchuto l'olam va∙ed. Blessed is God's glorious majesty forever and ever.

בְּרוּךְ שֵׁם כְבוּד מַלְכוּתוֹ לְעוֹלֶם וַעֶד. You shall love Adonai your God with all your mind, with all your soul, and with all your strength.

Set these words, which I command you this day, upon your heart.

Teach them faithfully to your children.

Speak of them in your home and on your way, when you lie down and when you rise up.

Bind them as a sign upon your hand; let them be a symbol before your eyes; inscribe them on the doorposts of your house, and on your gates.

You have stayed long enough in this place, God said. Time to go forward.

Turn your face to the future.

Believe that you can cross this sea and survive.

Inside you is a Moses; within you Miriam dances, unafraid. Lift up your voice and sing a new song. "Mi-chamocha ba-eilim, Adonai?
Mi kamocha — nedar bakodesh,
nora t'hilot, oseih-fele?"
Malchut'cha ra-u vanecha,
bokei-a yam lifnei Mosheh uMiryam;
"Zeh Eili!" anu v'am'ru:
"Adonai yimloch l'olam va-ed."
V'ne-emar: "Ki fadah Adonai et-Yaakov;
ug-alo miyad chazak mimenu."

מִי־כָמְכָה בָּאֵלִם, יְיָ, מִי כָּמְכָה נָאְדָּר בַּקְדָש, נוֹרָא תְהִלֹת, עְשֵׁה פֶּלֶא. מַלְכוּתְךָּ רָאוּ בָנֶיךָּ, בּוֹקֵעַ יָם לִפְנֵי מֹשֶׁה וּמִרְיָם, זָה אֵלִי עָנוּ וְאָמְרוּ: יְיָ יִמְלֹךְ לְעֹלָם וָעֶד. וְנָאֶמַר: כִּי פָּדָה יְיָ אֶת־יַצְקֹב, וֹּגְאָלוֹ מִיַּד חָזָק מִמֶּנּוּ.

"Of all that is worshiped, is there another like You? Maker of wonders, who is like You in holiness sublime, evoking awe and praise?"

When Your children saw Your sovereign might —
the splitting of the sea before Moses and Miriam —
they responded, "This is my God!"
And they said, "The Eternal will reign till the end of time."

As it is written: "Adonai will save Jacob, and redeem him from one stronger than himself."

בָּרוּדְ אַתָּה, יְיָ, בָּאַל יִשְרָאֵל.

Baruch atah, Adonai, gaal Yisrael.

We praise You, Eternal Power, the One who redeemed Israel.

IS THERE ANOTHER LIKE YOU מִי־כְּמְכֶה, Exodus 15:11. THE ETERNAL WILL REIGN מְיִ יִמְלֹדְ, Exodus 15:18. ADONAI WILL SAVE יִי מָדָה יָיָ, Jeremiah 31:11. Hashkiveinu, Adonai Eloheinu, I'shalom; v'haamideinu, Malkeinu, I'chayim. Ufros aleinu sukat sh'lomecha, v'tak'neinu b'eitzah tovah mil'fanecha. V'hoshi-einu I'maan sh'mecha — הַשְּכִּיבֵנוּ, יְיָ אֱלֹהֵינוּ, לְשָׁלוּם, וְהַצְמִידֵנוּ, מַלְכֵּנוּ, לְחַיִּים. וּפְרשׁ עָלֵינוּ סְכַּת שְׁלוֹמֶךּ, וְתַקְנֵנוּ בְּעֵצָה טוֹבָה מִלְּפָנֵיךּ, וְהוֹשִׁיעֵנוּ לְמַעַן שְׁמֶךּ.

בָּרוּךְ אַתָּה, יְיָ, הַפּּוֹרֵשׁ סֻבַּת שָׁלוֹם עָלֵיבוּ, וְעַל כָּל עַמוֹ יִשְרָאֵל, וְעַל יִרוּשָׁלֵים.

Baruch atah, Adonai, haporeis sukat shalom aleinu, v'al kol amo Yisrael, v'al Y'rushalayim.

Blessed One, You spread over us a canopy of peace — a shelter of shalom over all Israel, Your people, and over Jerusalem.

Bless our sleep with peace, Adonai, and awaken us to life when we rise. With power sublime, spread over us Your shelter of shalom; and through Your wisdom restore us — make us whole.

Let Your name proclaim Your presence in our lives —

ROSH HASHANAH IN THE PINES

Darkness settles, slowly, across the horizon. The new year rises before us, its fragile moon awaiting our embrace.

Heaven and earth entwine in their annual dance of re-creation. A fissure appears in the firmament tonight, an entranceway into new beginnings.

Out beyond the swales the sea expands and contracts, keeping time to the thrumming of the universe.

Under this Rosh HaShanah sky the path before us is uncertain. All we can do is hold each other tight as we make our way home.

הַתְּפִלָּה HaT'filah · Standing before God

The words of our prayers must not fall off our lips like dead leaves in the autumn. They must rise like birds — out of the heart — into the vast expanse of eternity.

- RABBI ABRAHAM JOSHUA HESCHEL

Adonai, s'fatai tiftach, ufi yaqid t'hilatecha. אֲדֹנָי, שְּׁפָתֵי תִּפְתָּח, וּפִי יַגִּיד תִּהַלֶּתֵדְּ.

Adonai, open my lips, that my mouth may declare Your praise.

ADONAI, OPEN MY LIPS אָלְבִי, שְׁפֶּתֵי תַּפְתָּה, Psalm 51:17. The word for lips, s'fatayim, is also used for the banks of a river, or the shores of the sea. The phrasing of this psalm suggests that our words — however inadequate — have the power to cross the wide expanse that often seems to lie between ourselves and God, from our bank of the river to the other side.

Shalom rav al Yisrael am'cha tasim

l'olam -

ki atah hu melech adon l'chol hashalom; v'tov b'einecha l'vareich et am'cha

Yisrael,

b'chol eit uvchol shaah, bishlomecha.

שָׁלוֹם רָב עַל יִשְּרָאֵל עַמְּךְ תָּשִׁים לְעוֹלָם, כִּי אַתָּה הוּא מֶלֶךְ אָדוֹן לְכֶל הַשָּׁלוֹם, וְטוֹב בְּעֵינֶיךְ לְבָרֵךְ אֶת עַמְךְ יִשְׂרָאֵל, בְּכֶל עֵת וּבְכֶל שָׁעָה, בִּשְׁלוֹמֶךְ.

בָּרוּךְ אַתָּה, יָיָ, עוֹשֵה הַשָּׁלוֹם.

Baruch atah, Adonai, oseih hashalom.
You are the Blessed One, Eternal Source of shalom.

Peace — profound and lasting, all-embracing.

Peace — let this be Your gift to Israel, Your people.

In Your goodness, Author of peace, bless us and all people — every season, every hour — with the peace that is Yours to give.

אָבְינוּ מַלְכֵּנוּ

Avinu Malkeinu · Almighty and Merciful

Avinu Malkeinu, sustain our souls.

Send rain to our roots; help us find a way to pray.

Make us humble and forgiving of ourselves and one another.

Avinu Malkeinu—renew these words.

Help us speak them with conviction and believe their truth.

A hundred generations have stood before the ark
And they lifted up their voices like flame on the altar
And they put their trust in kindness and justice
And they gave their strength to make the promise real.

Avinu Malkeinu, we haven't forgotten.

Avinu Malkeinu, bring us back to You.

Avinu Malkeinu, ein lanu melech ela atah. אָבִיבוּ מֵלְבֵּבוּ, אֵין לֶבוּ מֱלֶךְ אֶלֶא אֲתָּה.
Avinu Malkeinu — Almighty and Merciful — You alone are our Sovereign.

Avinu Malkeinu, l'maancha racheim aleinu. אָבִיבוּ מֵלְבֵּבוּ, לְמֵעַבְךָ רַחֵם עָלֵיבוּ. Avinu Malkeinu, for Your sake, show us mercy.

Avinu Malkeinu, aseih imanu

אָבִינוּ מַלְכֵּנוּ, צֲשֵׁה עִמֶּנוּ למַצֵן שִׁמַדָּ.

l'maan sh'mecha.

Avinu Malkeinu, act toward us as befits Your name.

Avinu Malkeinu, sh'lach r'fuah sh'leimah I'cholei amecha. אָבִינוּ מַלְבֵּנוּ, שְׁלַח רְפוּאָה שְׁלֵמָה לְחוֹלֵי עַמֵּךָ.

Avinu Malkeinu, bring healing and wholeness to the ill among us.

Avinu Malkeinu, k'ra ro∙a g'zar dineinu.

אָבֵינוּ מַלְכֵּנוּ, קָרַע רְוֹעַ גְּזַר דִּיבֵנוּ.

Avinu Malkeinu, allay the harshness of the decree against us.

Avinu Malkeinu, kotveinu b'sefer g'ulah vishuah.

אָבִינוּ מַלְכֵּנוּ, כָּתְבֵנוּ בְּסֵפֶּר גְּאֻלָּה וישוּעה.

Avinu Malkeinu, inscribe us in the Book of Redemption and Renewal.

Avinu Malkeinu, zochreinu b'zichron tov

אָבִינוּ מַלְכֵנוּ, זֶכְרֵנוּ בְּזִכְרוֹן טוֹב לפניד.

l'fanecha.

Avinu Malkeinu, remember our goodness and call it to mind.

Avinu Malkeinu, aseih l'maancha

אָבִינוּ מַלְבֵּנוּ, צֵשֵה לְמַעַרְךְּ והוֹשיענוּ.

v'hoshi-einu.

Avinu Malkeinu, act for Your sake and save us.

YOU ALONE ARE OUR SOVEREIGN אֵין לֶנוּ מֵילֶךְ אָלָא אָתָה. A statement of defiance against the might of the Roman Empire, declaring ultimate allegiance only to God. This verse and "For Your sake, show us mercy" constitute the nucleus of the original Avinu Malkeinu prayer uttered by Rabbi Akiva, according to Talmud Taanit 25b. Akiva participated in the revolt against Rome led by Bar Kochba (ca. 132–136 CE). According to Talmud B'rachot 61b, he was tortured and executed for violating the Emperor Hadrian's edict against teaching Torah.

Avinu Malkeinu, sh'ma koleinu.

אַבִינוּ מַלכֵנוּ, שַמַע קוֹלֵנוּ.

Avinu Malkeinu — Almighty and Merciful — hear our voice.

Avinu Malkeinu, chatanu l'fanecha.

אַבינוּ מַלכּנוּ, חַטַאנוּ לפָנִידָּ.

Avinu Malkeinu, we have strayed and sinned before You.

Avinu Malkeinu, chamol aleinu,

אַבִינוּ מַלכֵנוּ, חַמל עַלֵינוּ,

v'al olaleinu v'tapeinu.

ועל עוללבו וטפבו.

Avinu Malkeinu, have compassion on us and our families.

Avinu Malkeinu, kaleih dever v'cherev

אבינו מלכנו, כלה דבר וחרב

v'raav mei-aleinu.

ורעב מעלינוּ.

Avinu Malkeinu, halt the onslaught of sickness, violence, and hunger.

Avinu Malkeinu, kaleih kol tzar

אבינו מלכנו, כלה כל צר

umastin mei-aleinu.

ומשטין מעלינו.

Avinu Malkeinu, halt the reign of those who cause pain and terror.

Avinu Malkeinu, kotveinu b'sefer

אַבִינוּ מַלְכֵּנוּ, כַּתְבֵנוּ בִּסֵפֵר

chayim tovim.

חיים טובים.

Avinu Malkeinu, enter our names in the Book of Lives Well Lived.

Avinu Malkeinu, chadeish aleinu

אַבֵינוּ מַלְכֵּנוּ, חַדֵּשׁ עַלֵינוּ

shanah tovah.

שנה טובה.

Avinu Malkeinu, renew for us a year of goodness.

Avinu Malkeinu, choneinu vaaneinu;

אַבִינוּ מַלֹכֵנוּ, חַנֵּנוּ וַעֲנַנוּ,

ki ein banu maasim.

בי אין בַנוּ מֵעשים.

Aseih imanu tz'dakah vachesed,

צֲשֵׁה עִּמֶּנוּ צְדָקֵה וָחֵסֶד,

והושיענו.

v'hoshi-einu.

Avinu Malkeinu — Almighty and Merciful answer us with grace, for our deeds are wanting.

Save us through acts of justice and love.

No one ever told me the coming of the Messiah
Could be an inward thing;
No one ever told me a change of heart
Might be as quiet as new-fallen snow.
No one ever told me that redemption
Was as simple as springtime and as wonderful
As birds returning after a long winter,
Rose-breasted grosbeaks singing in the swaying branches
Of a newly budded tree.

No one ever told me that salvation

Might be like a fresh spring wind

Blowing away the dried withered leaves of another year,

Carrying the scent of flowers, the promise of fruition.

What I found for myself I try to tell you: Redemption and salvation are very near, And the taste of them is in the world That God created and laid before us.

Aleinu l'shabei-ach laadon hakol,
lateit g'dulah l'yotzeir b'reishit —
shehu asanu l'shomrei haadamah,
v'hu samanu lishlichei haTorah;
shehu sam chayeinu itam,
v'goraleinu im kol haolam.
Vaanachnu korim,
umishtachavim, umodim
lifnei melech malchei ham'lachim:
HaKadosh, baruch hu.

עָלֵינוּ לְשַבֵּח לַאֲדוֹן הַכּל, לָתֵת בְּדָלָּה לְיוֹצֵר בְּרֵאשִׁית, שָהוּא עָשֵנוּ לְשִׁלִיחֵי הָתּוֹרָה, שָהוּא שָם חַיֵּינוּ אִתָּם, וְגֹרָלֵנוּ עִם כָּל הָעוֹלָם. וַאֲנַחְנוּ כּוֹרְעִים וֹמִשְתַחוִים וּמוֹדִים לִפְנִי מֶלֶךְ מַלְכֵי הַמְּלָכִים, הַקָּדוֹש בָּרוּךְ הוּא.

Our calling is to praise the Living Source. Our duty is to make known the greatness of the One Creator, who trusts us to be guardians of the earth and messengers of Torah; who gives us a destiny shared with all human beings, and who binds our lives to theirs. And so we bend, bow, and give thanks before the Blessed One whose realm is unfathomable, whose sovereignty over all makes all life holy and precious.

YEISH kochavim she-oram magia artzah rak kaasher heim atzmam avdu v'einam. Yeish anashim sheziv zichram mei-ir kaasher heim atzmam einam od b'tocheinu. Orot eileh hamavhikim b'cheshkat halayil heim heim shemarim laadam et haderech. לֵשׁ כּוֹכָבִים שָׁאוֹרָם מַגִּיעַ אַרְצָה רַק כַּאֲשֶׁר הַם עַצְמָם אָבְדוּ וְאֵינָם. ישׁ אֲנָשִׁים שָׁזִיו זְכְרָם מֵאִיר כַּאֲשֶׁר הַם עַצְמָם אֵינָם עוֹד בְּתוֹכֵינוּ. אוֹרוֹת אֵלֶה הַמַּבְהִיקִים בְּחָשְׁכַּת הַלַּיִל הַם הַם שָׁמַּרְאִים לָאָדָם אֶת הַדֶּרֶךְ.

THERE ARE STARS up above, so far away we only see their light long, long after the star itself is gone.

And so it is with people that we loved — their memories keep shining ever brightly though their time with us is done.

But the stars that light up the darkest night, these are the lights that guide us.

As we live our days, these are the ways we remember.



Mourner's Kaddish

יתנדל ויתקדש שמה רבא, Yitqadal v'yitkadash sh'meih raba, בַּעַלְמַא דִּי בָרָא כָרְעוּתֵה. b'alma di v'ra chiruteih. ויַמליד מַלכוּתה בּחַיִּיכוּן V'yamlich malchuteih b'chayeichon וּבִיוֹמֵיכוֹן, uvyomeichon, וֹבחַיִּי דכַל בִּית ישראַל, uvchayei d'chol beit Yisrael -בַּעַגַלָא וּבַזְמַן קַרִיב. baagala uvizman kariv; v'imru: Amen. ואמרו: אמן. Y'hei sh'meih raba m'yarach יהא שמה רבא מברד לעלם וּלעלמי עלמיא. l'alam ul·almei almaya. Yitbarach v'yishtabach v'yitpaar יתבַרֶד וִישַׁתַבַּח וִיתַפַּאַר ויתרומם ויתנשא ויתהדר v'yitromam v'yitnasei v'yit·hadar וַיִתעלֵה וַיִתהַלֵּל שְּמֵה v'yitaleh v'yit-halal sh'meih דָקַדָשָא, בַּרִידְ הוּא, d'kudsha — b'rich hu — לעלא ולעלא מכל בּרכַתא ושירַתא, l'eila ul-eila mikol birchata v'shirata. תשבחתא ונחמתא tushb'chata v'nechemata דאמירן בעלמא. daamiran b'alma: v'imru: Amen. ואמרו: אמן. יָהֵא שָלַמֵא רַבָּא מִן שְׁמֵיָא, Y'hei sh'lama raba min sh'maya, וחיים עלינו ועל כל ישראל. v'chayim aleinu v'al kol Yisrael; ואמרו: אמן v'imru: Amen. עשה שלום במרומיו Oseh shalom bimromav. הוא יצשה שלום עליבו hu yaaseh shalom aleinu, ועל כּל ישראל v'al kol Yisrael וְעַל כָּל יוֹשְבֵי תַבַל. v'al kol yoshvei teiveil; ואמרו: אמן v'imru: Amen.

AND ALL WHO DWELL ON EARTH אָצל כְּל יוֹשְׁבֵּי תְבֶל, Psalm 33:8. In keeping with the universal themes of the High Holy Days, our *Kaddish* includes a prayer for the well-being of all earth's creatures. The British Liberal movement introduced the phrase v'al kol b'nei adam — peace "for all human beings" — in its 1967 prayer book.

Baruch atah, Adonai,
Eloheinu melech haolam,
shehecheyanu v'kiy'manu v'higianu
laz'man hazeh.

בָּרוּךְ אַתָּה, יְיָ, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, שֶׁהֶחֶיָנוּ וְקִיְמֵנוּ וְהִגִּיעֵנוּ לַזְּמַן הַזֶּה.

Source of blessing, Eternal our God, You fill the universe with majestic might giving us life, upholding the life within us, and bringing us to this time.



A Blessing for the New Year

Our God and God of all generations before us, may it be Your will in the coming year to grant us —

a year of Abundance and atonement

a year of Blessings bestowed and received

a year of Community and compassion

a year of Delight and exultation

a year of Enlightenment

a year of Friendship and forgiveness

a year of Going-up in gladness to the Land of Israel

a year of Health and healing and humor

a year of Inner strength and well-being

a year of Joy and Jewish celebration

a year of Knowledge and learning for its own sake

a year of Love — between parents and children, friends

and spouses, brothers and sisters

a year of Mitzvot and moments of sweetness

a year of Nature protected and enjoyed

a year of Optimism and hope

a year of Peace — pursued with perseverance

a year of Quiet and tranquility

a year of Rain in its season

a year of Song and spiritual growth

a year of Torah study and tikkun olam

a year of Understanding and unity

a year of Vows fulfilled and violence overcome

a year of Wisdom acquired and shared

a year of co-eXistence among the families of the earth

a year of Young and old reaching out to one another

a year of Zion aglow with light for us and all the world

Our God and God of the generations before us, grant us a year of gratitude to You for the most profound of blessings — Your gift of life.

Adon Olam

Adon olam asher malach, b'terem kol y'tzir nivra. L'eit naasah v'cheftzo kol, azai Melech sh'mo nikra. V'acharei kichlot hakol. l'vado yimloch nora. V'hu hayah, v'hu hoveh, v'hu yiyeh, b'tifarah. V'hu echad v'ein sheini, l'hamshil lo l'hachbirah. B'li reishit b'li tachlit, v'lo haoz v'hamisrah. V'hu Eli v'chai go-ali, v'tzur chevli b'eit tzarah. V'hu nisi umanos-li. m'nat kosi b'yom ekra. B'yado afkid ruchi, b'eit ishan v'a-irah. V'im ruchi q'viyati, Adonai li v'lo ira.

אָדוֹן עוֹלָם אַשֶּׁר מֵלֶדּ, בָּטֶרֶם כָּל יִצִיר נִבְרַא. לעת נעשה בחפצו כל, אזי מלד שמו נקרא. ואַחַרִי כַּכַלוֹת הַכַּל, לבדו ימלד נורא. והוא היה, והוא הוה, וָהוּא יָהָיֶה, בְּתִפְאַרָה. וָהוּא אֶחַד וָאֵין שֶׁבִי, לָהַמְשִׁיל לוֹ לְהַחְבֵּירָה. בלי ראשית בלי תכלית, ולו העז והמשבה. והוא אלי וחי באלי, וְצוּר חֶבְלִי בִּעֵת צֶרָה. וָהוּא נָסִי וּמֵבוֹס לִי, מַנַת כּוֹסִי בִּיוֹם אַקרַא. בָיַדוֹ אַפַּקִיד רוּחִי, בַּעַת אִישַׁן וְאַעִירָה. ועם רוּחִי גּווַיּתִי, יי לי ולא אירא.

Eternal God, who reigned before the earth was formed and life appeared, when all came forth as You desired, You ruled supreme, Your name revered.

And after all shall fade away, alone our God of Awe remains; You were, You are, shall always be; Your presence shines; Your glory reigns.

Our God is One, beyond compare; through You we glimpse pure unity. Unbound by words like "first" and "last," our Moment of eternity.

My living God, my Rock, my Help, in times of grief I seek Your face; my sign of hope, my cup of life — my prayer reveals Your sheltering place.

My soul entrusted to Your care, both when I sleep and when I rise. My body, too, will rest in You. I have no fear — for God is mine. Our God and God of our ancestors, Eternal God of all generations: May Your presence in our lives this New Year renew our spirits and renew our strength. May it be a good year. May it be a sweet year.

לְשָׁנָה טוֹבָה תִּכָּתֵבוּ – וְתַחָתֵמוּ!

L'shanah tovah tikateivu — v'teichateimu!

May you be inscribed — and sealed — for a good year!

